

THE
YOMP

MOUNTAIN CHALLENGE

SUNDAY 6TH JUNE 2010

KIRKBY STEPHEN

Choice of 23 Miles, 11.5 Miles & 6.5 Miles

Trophies, Medals & Certificates. Individuals & Teams

ALL PROCEEDS TO:

Help for Heroes, Local First Responders,
Flourish Foundation, Kibera, Nairobi
and other charities supported by Rotary

FOR FULL DETAILS & ENTRY FORMS PLEASE CONTACT:

TOURIST INFORMATION CENTRE,

KIRKBY STEPHEN, CUMBRIA CA17 4QN

Tel: **017683 71199** email: **ks.tic@eden.gov.uk**

OR VISIT:

www.yomp.org

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Run or Walk - You Choose